

MENTAL ILL HEALTH TOUCHES EVERYONE

Mental health is more prevalent than people realise



in lost productivity due to mental ill health

Australia is ranked among the lowest of all OECD countries for rate of workforce participation by people with disability, including those with mental illness



how many people have experienced a mental health disorder in the last 12 months

The typical age of onset for mental ill health is late teens to early 20s. They will spend their working lives managing mental health

Everyone knows someone, or knows someone who knows someone, who has, or who lives with, or is friends with, or works with, someone living with mental ill health, whether they know it or not

Everyone is touched by mental ill health – either personally through friends or family, or in the workplace



the number of Australians who are living with depression or anxiety (beyondblue)

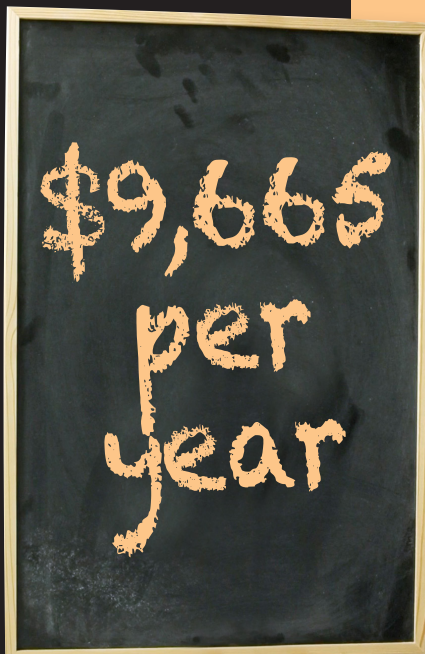
There are a large number of people at work who are carers for family or friends with mental ill health

MENTAL HEALTH IN THE WORKPLACE

Mental ill health affects how a person feels, thinks, behaves and interacts with others

It is highly likely that as a manager you will supervise a worker experiencing mental ill health

is what can be achieved by implementing effective early intervention programs



the cost of every full-time employee with untreated depression

Just under 7% of workers in any organisation will develop clinically significant depressive symptoms in any one year

A total of 3.2 days per worker are lost each year through workplace stress (Australian Human Rights Commission)

Within the Comcare Scheme, approximately 11% of claims are due to psychological injury